

Could you have Hepatitis B or C?

Ask at reception for a free blood test

Hepatitis B and C can be easily caught and you won't always know you have it. You can have it for years and years without knowing. Without treatment the disease can seriously damage your liver – and kill you.

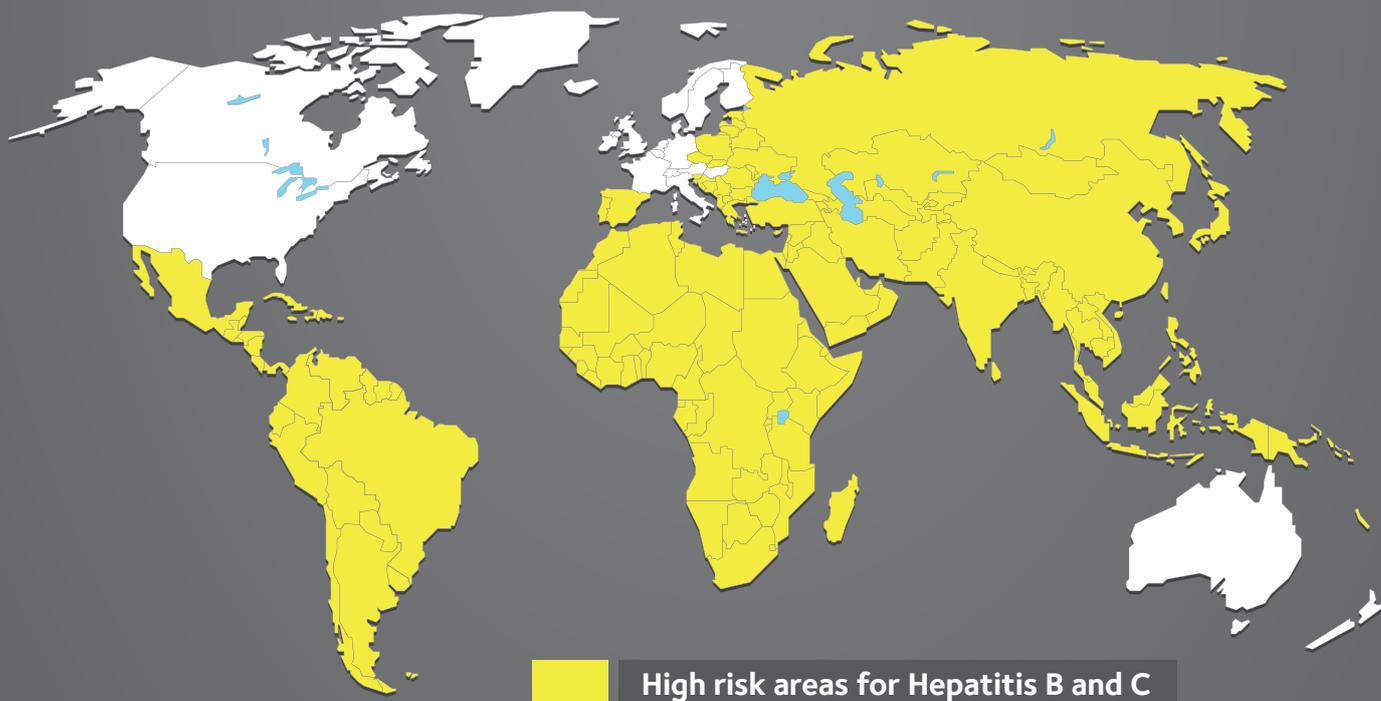
Treatment is available. The first step is to get a free blood test if you think you could be at risk. Just ask at your GP reception.

You are more at risk if you:

- were born, brought up or had surgery (e.g. dental treatment) in the green areas on this map
- Africa
- Asia
- The Caribbean
- Central or South America
- The Middle East
- Pacific Islands
- Southern Europe
- Eastern Europe

Also if you:

- ▶ use drugs – if you share drug taking equipment like needles or bank notes.
- ▶ have had multiple sexual partners
- ▶ are a man who has ever had sex with men
- ▶ share a toothbrush or razor blades with someone with hepatitis
- ▶ received a blood transfusion before 1991
- ▶ have tattoos or piercings
- ▶ are a healthcare worker who comes into contact through blood splashes and/or needle-stick injuries



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